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The Lake Nokomis Lutheran

monthly newsletter

March 1 2019 - Volume 74 No. 3

All spoke well of Jesus and were amazed at the gracious words that came from his mouth... [But] when they heard this, all in the synagogue were filled with rage. They got up, drove him out of town... so that they might hurl him off the cliff.

Luke 4:22, 28-29

One minute they loved him, the next they hated. One minute thrilled at his words, the next enraged. Within one paragraph, Jesus barely begins his ministry of redemption and already death stalks.

Good news to the poor, release of the captives, recovery of sight, liberating the oppressed, fulfilling Isaiah's prophecies. For centuries the people were dominated by one empire or another. For centuries they waited for a hero to deliver them. And so Jesus comes. All were amazed and glad.

Then Jesus clarifies what this new kingdom shall be. God's kingdom does not abide human division and disparagement. Jesus did not fit what listeners insisted is right, so they took action to shut him down.

The Gospel of Luke is a story of the church written for first century Christians trying to understand this new thing God is doing in the world. The Gospel of Luke attempts to describe how this church came to be, who is included in God's church, and what is God's purpose for the church.

Right from the very start of his ministry, drawing on Old Testament prophets, Jesus gives a vision of the kingdom of God, of which the church is the visible sign, a vision that has honored

place for the poor, for those alone, for the foreigner, for the vulnerable. The church of the Bible is a community of people with very different ideas and opinions, different histories and heritages, different life circumstances, and yet a community that understands its dependence on one another.

"Jesus gives a vision...of which the church is the visible sign, a vision that has honored place for the poor, for those alone, for the foreigner, for the vulnerable..."

The Gospel of Luke is a story of the formation of the church, with the story continuing in Acts of the Apostles. The drama continues with us today.

Pastor Chris

Read Pastor Chris' sermons Online:

Please go to our website at www.lakenokomischurch.org and click on Pastor Chris' Sermons each week.



Silent Auction Donation Suggestions

Goods:

- Gift certificates for gas, groceries, spas, restaurants, retail.
- Artwork or handmade items such as jewelry, quilts, afghans, woodworking, crafts, photographs.
- Movie, theater, concert or sporting event tickets.
- Gifts baskets or gourmet baskets of wine or food.
- Toys, movies, or music.
- Vacation spots or cabin weekends.

Services:

- Specify the number of hours/ items
- Rides to the doctor or grocery store.
- Spring or fall cleaning, raking yards, washing windows, gardening, lawn mowing, shoveling.
- Baking or preparing food for a special occasion. Making lefse, pie, baked goods, canned goods.
- Handiwork: painting, carpentry, house maintenance.
- Interior design consultation.
- Lessons: golf, swimming, tennis, karate, sailing.
- Computer tutorials.
- Detailing a car.
- Sewing or alteration.
- Patio party: provide a meal at your home for others.
- Photography sitting: senior pictures, family portraits.
- Singing at a birthday party or special occasion.
- Scrap booking.
- Arranging flowers or offering garden bouquets
- Prepare a picnic for a family.
- Host a kids birthday party.
- Babysitting.

Donation Form on previous page.

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Lake Nokomis Lutheran is a congregation of the Evangelical Lutheran Church in America

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Office Hours: The Church office is open 9 a.m. to 4 p.m.

Faith Formation

Faith & Life Conversations –
9:15 a.m. Sundays

March 3: *What is Lent?* We say that Lent is a period of introspection, remembering, and repentance that helps us prepare our hearts for the resurrection of our Savior, Jesus. But what does that really mean? What are we preparing for? Why did Jesus have to die in the first place? And why did he have to go to hell? What does Easter and the resurrection mean for us? Before we enter into the season of Lent that leads us to Holy Week, let's talk about what it means for us to prepare for the resurrection!



March 10 – April 14: *Lenten Bible Study – What is Church?* explores the Biblical understanding of church and the implications for Lake Nokomis Lutheran Church. The conversations are intended to build greater consensus on what this congregation is about, to imagine what it means to be an ecumenical church, and to inform the Ministry Site Profile, the central document for calling the next pastor.

March 10 **What is Church?: Reflection of the Holy Trinity** John 17:22

March 17 **What is Church?: People of God** 1 Peter 2:9

March 24 **What is Church?: Testimony** Ephesians 3:10

March 31 **What is Church?: Apostolic** John 20:21

April 7 **What is Church?: Communion of Saints** Ephesians 2:19

April 14 **What is Church?: Body of Christ** Colossians 1:24



Christ & Culture in Film

Philadelphia detective Virgil Tibbs helps a Southern sheriff solve a murder in the 1967 film *IN THE HEAT OF THE NIGHT*, a riveting study in racism that still strikes a chord. Rod Steiger won a Best Actor Oscar for his turn as the put-upon lawman who comes to respect Tibbs. Bring a snack to share and join us on Sunday, March 10, 6:00 p.m. as we view and discuss the film. For more information, contact Glen Wheeler at 612-724-2655. Come once to check out your favorite film or join us every month!



Summer Trip Registration Deadlines! Wilderness Canoe Base Boundary Waters

Trips: A sign-up sheet with cost details is located in the narthex on the blue bulletin board. Sign up to receive your online registration link. **Online registration deadline is March 15.**

Island Camp, July 7-12: A great option for all ages. You stay in cabins at Wilderness, with multiple options including day trips into the Boundary Waters, rock climbing, swimming, campfires, worship, crafts, hikes, and more. You can stay all or part of the week.

Summer Continued next page...

Lake Nokomis Lutheran Church 2019 Silent Auction

Donor Form – Submit donations by April 7

Business or Donor Name
Contact Name (for businesses)
Address

Phone _____ Email _____
Yes I/we will donate the following item(s), service(s), or cash/ check donation to the Silent Auction:

**Describe the item/service in detail (include a picture if possible). If donating multiple items, please number and indicate which items should be kept together. Checks can be made out to LNL, "Silent Auction" in the memo.*

Item RETAIL value

If the item needs to be picked up by an Auction representative, please indicate the best time for pickup:

Smaller items can be mailed to:
Lake Nokomis Lutheran Church – Auction Coordinator
5011 31st Avenue South, Minneapolis, Minnesota 55417
Contact Information: Erica Larson at 612-729-2323 or
elarson@lakenokomis.org

Wednesdays in Lent

**God is with us through hope and doubt, oppression and justice, joy and sorrow.
We walk the wilderness of this world together – never alone.**

This Lent, we'll reclaim the promises of God's presence and our liberation from pain, from injustice, from loneliness and disharmony. On Ash Wednesday (3/6) at 7 pm, we remember who we are and contemplate the ways we disconnect ourselves from God. On Sundays during Lent, we remember that, no matter how many ways we break that connection, God rebuilds it. On Wednesdays at 7 pm, we sing Holden Evening Prayer and remember that God heals us in a number of ways: physically, mentally, spiritually, relationally, socially.

Come and be part of it. Come and claim God's promises. Come and remember who—and *whose*—you are.

Worship Themes

March 13 God with Us: Physical Healing, Lamentations 3:1-33
March 20 God with Us: Spiritual Healing, 1 Samuel 16:14-23
March 27 God with Us: Communal Healing, Jeremiah 29:4-14
April 3 God with Us: Relational Healing, Psalm 55:1-8, 12-14, 16-22
April 10 God with Us: Mental Healing, Psalm 88

Lenten Bible Study

God's Promise: I Am with You traces God's recurring promise of presence from Genesis through the Gospels. We'll reflect on how the promise of God's presence speaks beyond the pages of the Bible and into our own circumstances. Individually and as a community, we will be encouraged to both see and seek God's presence with us in the extraordinary and ordinary experiences of our lives. Books are \$10 each. Sign up in the narthex to order your book, and join us in the Family Room on Wednesdays in Lent from 5:45-6:45 p.m., March 13 – April 10.

Evening Program Schedule



Ash Wednesday

5:30pm Simple Dinner*
5:45pm Lent Bible Study
6pm Good News Choir, Salt & Light
6:25pm Spirit Drums
7pm Worship
8pm Adult Choir

Wednesday Evening Programs

5:30pm Simple Dinner*
5:45pm Lent Bible Study
6pm Good News Choir, Salt & Light
6:25pm Spirit Drums
7pm Worship
7:35pm Adult Choir, Youth Group

*Simple dinner is Domino's pizza. To order, be sure to email Erica Larson at el Larson@lakenokomis.org (\$2 per slice).

Canoe Trip, July 7-13: This option is for those currently 4th grade or older (children younger than 6th grade must be with parent/guardian). You'll stay at Wilderness on Sunday night, and then spend the rest of the week out on trail in the Boundary Water, where you'll paddle and portage through the day and sleep in tents at night. A fantastic opportunity for team building and immersing yourself in God's creation.

Lake Wapogasset Lutheran Bible Camp (Wapo) & Ox Lake: Sign up on the blue bulletin board in the narthex. **Online registration deadline is March 15.**

Seeds Weekend July 26-28: Current 1st-3rd grade youth get their first taste of camping during Seeds, where they will experience music, Bible study, campfires, crafts, water activities and games.

Youth Camp, July 28-August 2: Current 4-8th grade youth attend Wapo for a week that includes Bible study, worship, cabin activities, field games, swimming, arts & crafts, campfires, games, friends and more!



Women's Retreat on March 23

All women are invited to participate in a Women's Retreat at church on Saturday, March 23, 12:45-6:00 p.m. Our theme this year is **Cast Your Burdens**. We'll talk about how we can cast our burdens onto Jesus and find joy, even in the midst of those burdens! Health Coach Sarah Dutton will lead us in mindfulness exercises, and we'll experience Bible study, creative activities, fellowship and worship. We'll end with a meal together. The cost is \$25 (scholarships available). Sign up in the narthex by March 17.

Questions? Contact Teresa Doyle at 612-216-5556 or Erica Larson at 612-729-2323 or el Larson@lakenokomis.org.

Happy Days! Silent Auction Fundraiser, April 27, 6:00 p.m.

Get out your poodle skirts, saddle shoes, and leather jackets, and sock hop back to the 1950's for **Happy Days!** Help us raise money to support children, youth, and adults participating in the Montana Service Trip, Boundary Waters Canoe Trips, and Lake Wapogasset Lutheran Bible Camp! We need YOU to make our 10th annual auction a great success.

Contribute to the auction. **Donor forms** are in the church narthex, or online at www.lakenokomischurch.org. **Cash donations** to help with expenses are also welcome!

Volunteer before, during, and after the auction. Sign up on the Volunteer List in the narthex. You can also sign up to sell **raffle tickets** at Oxendale's Grocery, or take raffle tickets with you to sell on your own. Children, youth, and adults who are attending summer trips will raise money by volunteering their time.

There will be designated space for **children's activities** such as games, movies, arts and crafts, and time in the gym, as well as kid friendly food during the event so that families can attend. When you purchase your adult tickets, please indicate the number of children who will participate.

TELL YOUR FRIENDS AND NEIGHBORS! Use Facebook, email, Twitter, Nextdoor Keewaydin, and personal invitations to get the word out. With your help, we can raise the \$10,000 needed to defray the cost of our summer ministries so that participation is possible for ALL!

Tickets will go on sale on March 17.

Questions? Contact Auction Coordinator Erica Larson at 612-729-2323 or el Larson@lakenokomis.org

Church Council Update

Thank you to everyone who was able to attend the annual meeting, and to all of those who helped organize and clean up! The Congregation passed a deficit budget of -\$6,000 in order to maintain past levels of giving to the ELCA. In addition, the Congregation adopted the Racial Justice Statement proposed by the Racial Justice Task Force, and passed a resolution to continue with the discernment process. William Awe, John Becker, Kathryn Selin, and Lynn Walsh were elected to Council for three-year terms beginning February 2019.

Over the next several months, we will be putting together a Ministry Site Profile in order to assist the Synod in matching potential pastors with our church. Each month, we will ask you to consider questions about the characteristics of our community and our ministry goals. The first questions we are asking is "How does this congregation or organization understand its reason for being in the light of God's call to mission and service? Who are you? Why are you here?" Please email your thoughts on LNL's Purpose to Kami Hopkins at kamihopkins@gmail.com, or communicate them with any other member of Council.

FINANCE-Offerings Update

As of 2/18/19:

Expected: 47,180

Received: 43,915

Reminder: Don't forget to download the GivePlus app on your smartphone. Give wherever you are!



March Mission of the Month- Minnehaha Food Shelf

We continue our sixteen-year commitment to provide food for those in need in our community in partnership with Minnehaha United Methodist church and St. James Episcopal. In 2018, with your help, the Food Shelf:

- served 230 NEW households,
- distributed 227,381 pounds of food,
- helped an average of 507 clients monthly- 25% children, 56% adults, and 18% 65+

Did you know?

The Food Shelf can stretch cash further than donations of food because of their access to discount products & services. The need increases:

- Nearly one in ten Minnesotans experience *food insecurity.
- 13.8% of Minnesota children are food insecure.
- 9.5% of Minnesotans live below poverty level.
- Over 3,000,000 visits were made to Minnesota food shelves each year, 2011-2017, with over 3.4 million visits in 2017.
- March is Minnesota Food Share month where 100% of donations received during the month are distributed to participating food shelves.

*Food security is "access by all people at all times to enough food for an active, healthy life."

Please help us to ensure all Minnesotans have access to food at all times and support the Food Shelf. Send a check to the church office- write Food Shelf on the memo line; go online and use the Simply Giving button on the home page of our web site and scroll down to the Mission of the Month (or Food Shelf) option and enter the amount you wish to give- or put your donation in the offering plate on Sunday (indicate Food Shelf on the memo line.) Thank you for your support.

Library News

REMINDER: THE LIBRARY IS A WARM PLACE TO HANG OUT AND READ AND REFLECT DURING THE COLD DAYS OF WINTER!

NEW NON-FICTION RECOMMENDED:

Burden, by Courtney Hargrave is new on the shelves and a must read. This is a true story about the KuKluxKlan and an act of grace that shook the community of Laurens, South Carolina in 1996. White supremacist, Michael Burden opened a museum in an abandoned store on main street to celebrate the



KuKluxKlan. At the urging of a woman, whom he met and fell in love with, he decided to leave the Klan. He found himself broke, homeless and hated by the Klan. By grace, he was taken in by Rev. David Kennedy, an African-American preacher, who helped him turn his life around. This story was also made into a motion picture starring: Forest Whitaker, Garrett Hedland, Andrea Riseborough, and Usher, which was released in January 2018.

Many of you have asked for the fiction book that was written by Bill Clinton and James Patterson, *The President is Missing*. This mystery is now on the shelves. Allan Hetland has recently read it and could answer any questions that you might have about it. Don't be turned away by the fact that the book is over 500 pages, the print is larger and quite easy to read.

WILLIAM KENT KRUEGER UPDATE:

The book that we have all been waiting for, the sequel to *Ordinary Grace*, will be released this fall, and the title will be, *This Tender Land*. It takes place in southern Minnesota during the summer of 1932. It is the story of four orphans running from the law because they have committed a heinous crime. Their escape plan takes them by canoe down the Mississippi to St. Louis.

In his newsletter, Krueger is calling this his updated version of *Huckleberry Finn*.

A YOUNG ADULT NOVEL FOR TWEEN, TEENS AND ADULTS:

Touching Spirit Bear, by Ben Mikaelson, is a fast and profound read. The story is based on the Native American Circle of Justice healing path that has been used for centuries by native cultures, and is now being used in our own criminal justice system as a path to healing. After Cole's anger erupts into violence, he faces going to prison, but agreed to an alternate sentence. He is sent alone to a remote island in Alaska to spend time reflecting on his crime. Check this book out and discover how he survives.

Three-Church Discernment continues to progress

Living Table United Church of Christ, St. James Episcopal Church and LNL have all passed the motion to continue the discernment process in 2019. Advantages for joint sharing of building space was listed, and challenges of space sharing was discussed. The next steps will be to determine what each will need for worship space, what assets can be made available and how to proceed with each of our congregations.

March Worship Assistants, Lectionary Readings

Worship Assistants

March 3

Communion servers: Cindy Olson
Elaine Westby

Ushers: Steve Frankeberger, Mavis Nelson,
Nancy Johnson, Bob Wold

Van driver: Dan Buys

March 10

Communion servers:

Kathryn Selin, Barb Tauferner

Ushers: Charles & Eleanor Swanson, George
Hawkins, Arivd Mauland

Van driver: Mike Grundeen

March 17

Communion servers:

Allan Hetland, Bonnie Lindstrom

Ushers: Bob Wold, Eric Grube, Teresa Doyle

Van driver: Jerry Sellman

March 24

Communion servers: Barb Tauferner,
Charles Booth

Ushers: Kris Howell, Bob Wold, Lori
Brown, Maggie O'Groske

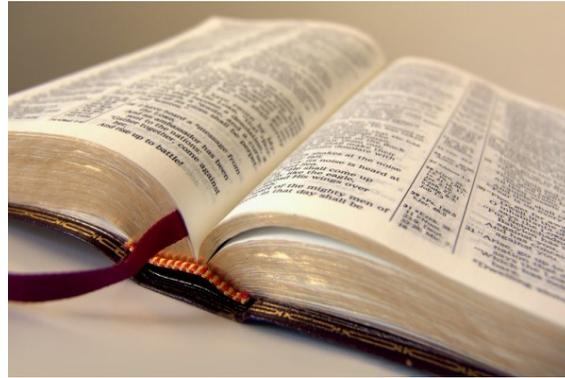
Van driver: Eric Grube

March 31

Communion Servers: Ginny Rudloff,
Teresa Doyle

Ushers: Jerry Sellman, Jerry Winzig, Arivd
Mauland

Van Driver: Jeff Kendall



March Lectionary Readings

March 3

Exodus 34:29-35

Psalm 99

Luke 9:28-36 [37-43a]

March 10

Deuteronomy 26:1-11

Psalm 91:1-2, 9-16

Luke 4:1-13

March 17

Genesis 15:1-12, 17-18

Psalm 27

Luke 13:31-35

March 24

Isaiah 55:1-9

Psalm 63:1-8

Luke 13:1-9

March 31

Joshua 5:9-12

Psalm 32

Luke 15:1-3, 11b-32

March Faith Milestones

Birthdays

March 2—Sherri Buys, Emily Jacob

March 3—Claire Bennett, Kathleen Schou

March 4—Gabriel Callahan, Hannah Callahan

March 5—Kevin Jacob, Tiffany Bingham

March 6—Jerome Tarrman, Britt Rohde

March 7—Angela Bromeland, Elda Erickson

March 8—Meredith Gardin

March 9—James Anderson, Marissa Jung

March 10—Rory Boothe, Kathryn Snetting

March 11—Ardie Hollenbeck, Kristian Olson,
Bette Stacy

March 13—Cindy Fledderman, Allison Horstman

March 15—Rebecca Dowzak, Bonnie White, Lois
Johnson, Jacob Pozega

March 16—Sarah Bircherm

March 17—Milea Lind

March 18—Carol Awe

March 19—Bruce Hofstad, Karen Schlies

March 20—Daniel Haas, Darryl Terho

March 21—Andre Kormann, June Engelhart

March 22—August (Drew) Duffy, Heidi Jung

March 23—Renee Schilman, Leah Phifer

March 24—Jennifer Swanberg, Sarah Zaepfel,
Zachary Smith

March 29—Ethan Le Moin, Michael Slovik,
Bruce MacDonald

March 30—Fiona Ihinger, Richard Iverson

Wedding Anniversaries

March 6—Jeff and Patty Kendall (24 years)
Harry and Julie Munson (49 years)

Funerals

On February 7, we had a celebration of the resurrection and the life of Patricia Bolstad. Patricia died on February 1. On February 23, we had a celebration of the resurrection and the life of Helen Gossell. Helen died on February 16.

God of all grace, we give you thanks because by his death our Savior Jesus Christ destroyed the power of death and by his resurrection he opened the kingdom of heaven to all believers. Make us certain that because he lives we shall live also, and that neither death nor life, nor things present

*nor things to come, will be able to separate us from your love in Christ Jesus our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.
Amen.*

WELLNESS bits from Barb, ypn*

You know the benefits of eating healthy food. You know the benefits of exercise. But do you know the benefits of GRATITUDE? Gratitude is thankful appreciation. Just like eating healthy foods and exercising, gratitude is a choice. Why choose gratitude? Does it add to WELL being?

When I had my stroke, 8.5 years ago, I became acutely aware of the healing power of gratitude. On day 1 of my recovery journey I was told that my brain and body could reroute & relearn. With hard work, I would improve. It was slow. It took months. But each day I rejoiced in even the tiniest improvement. I was thrilled when I could enunciate words clearly, stand without tipping over, walk without tripping, tie my shoes, hold a pen & write the alphabet. Focusing on what I could do, honoring my body & thanking God for each and every improvement generated positive energy in me and out to others. Choosing to live a life a gratitude felt good!

None of us will live a life without challenges or hardship. But living a life of gratitude, even in our darkest times, will bring light.

Look for the light, name it out loud, honor it and give thanks. Choose gratitude.

You'll feel better in body, mind & spirit. I guarantee it.

BE BOLD. BE KIND. BE GRATITUDE.

Peace & love in Christ,
Barb Tauferner, Your Parish Nurse*

Meals on Wheels Ministry

Thank you to everyone who delivered meals that very cold and snowy last week in January. Our next week to deliver meals will be March 25-29. If you can help, sign up with SignUp Genius or contacting Andrea Bolstad. (Call the church office and we'll connect you with Andrea.)

March 2019 Calendar

March 2019 Calendar						
	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1	2 9am Organ Practice 10:30am OA
3 8am Worship 9:15am Education 10:30am Worship	4	5	6 Ash Wednesday 5:30pm Simple Dinner 5:45pm Lent Bible Study 6pm Good News Choir, Salt & Light 6:25pm Spirit Drums 7pm Worship 8pm Adult Choir	7	8	9 <i>Daylight Savings</i> 9am Organ Practice 10:30am OA
10 8am Worship 9:15am Education 10:30am Worship 11:45am Service Trip Meeting 2pm Singers Concert 6pm Christ & Culture in Film	11	12 7pm Church Council	13 5:30pm Simple Dinner 5:45pm Lent Bible Study 6pm Good News Choir, Salt & Light 6:25pm Spirit Drums 7pm Worship 7:35pm Adult Choir, Youth Group	14	15	16 9am Organ Practice 10:30am OA
17 8am Worship 9:15am Education 10:30am Worship	18 1:30pm Worship at Nokomis Square 4:30pm Three Church Discernment Meeting	19 5pm Worship Planning	20 1pm Rebecca Circle 5:30pm Simple Dinner 5:45pm Lent Bible Study 6pm Good News Choir, Salt & Light 6:25pm Spirit Drums 7pm Worship 7:35pm Adult Choir, Youth Group	21	22	23 8am MinneHarvest 9am Organ Practice 10:30am OA 12:45pm Women's Retreat
24 8am Worship 9:15am Education 10:30am Worship	25	26	27 5:30pm Simple Dinner 5:45pm Lent Bible Study 6pm Good News Choir, Salt & Light 6:25pm Spirit Drums 7pm Worship 7:35pm Adult Choir, Youth Group	28	29	30 9am Organ Practice 10:30am OA
31 8am Worship 9:15am Education 10:30am Worship						