

Lake Nokomis

Lutheran Church

We are God's people

being transformed by the Holy Spirit

to live out the gospel of Jesus Christ

in the world in word and action.

**DO JUSTICE
LOVE MERCY
WALK
HUMBLY**

MICAH 6:8

We believe all people share the worth that comes from being loved and forgiven children of God. We want it to be known that we welcome all people – regardless of race, age, culture, national origin, ethnicity, sexual orientation, family status, marital status, gender identity, physical or cognitive ability, or economic condition – into the life-transforming story of Jesus Christ. We are a Reconciling in Christ congregation.

If you are interested in any of the opportunities listed in this WELCOME BROCHURE, contact the person listed, or make a note on a CONNECT CARD from the Welcome table in the narthex. We'll be happy to hear from you!

Worship

Celebrating God's presence together in worship services and in our daily lives.

Here are the words of invitation we use to welcome people to the table of the Lord: *"The Risen Christ has invited us to this table. Whoever you are, however you feel, for whatever reasons you are here, come to the feast. Whatever your condition, whatever questions you have, wherever you are on your spiritual journey: know that our host is the one who has given his life for the world, the one who was raised to new life, and the one who invites us to come to the table."*

Join us for worship with Holy Communion at 8:00am or 10:30am each Sunday!

It takes the gifts and talents of many people to create meaningful worship in this place. Here's how you can help:

Prepare the worship space...

Altar Guild sets up the bread and wine for Holy Communion, cares for linens and vestments, and prepares the altar area for worship celebrations, including funerals and baptisms. If you'd like to help with Altar Guild, contact Sheri Buys at 612-799-2036 or slybuys@q.com.

Worship Environment Team works to enhance and amplify the seasonal worship theme and experience using all the senses. People with a variety of skills – planning, design, building, sewing, writing, photography, drama, or a willingness to roll up their sleeves and make it happen – are invited to plug into worship environment opportunities going forward. If you're interested, contact Sue Bergly at 952-898-3289 or Kat Vann at 612-709-1279 or katvann222@yahoo.com.

Assist with Worship...

If you would like to serve as a **reader** during worship for scripture readings and prayers, contact Allan Hetland at 651-636-2027 or bighet42@gmail.com. If you would like to help with **servicing communion, ushering, or van driving**, contact Sue Hamre in the office at 612-729-2323 or office@lakenokomis.org.

Make Music...

Joyful Noise (Kindergarten through 2nd grade) and **Good News** (3rd-6th grade) are our kids' choirs, directed by Ilse Rolf with Deb Wobig at the piano. They sing in worship on a monthly basis and rehearse on Wednesday evenings, Joyful Noise at 6pm, Good News at 6:30pm.

Spirit Drums (3rd-6th grade) and **Seed Drums** (K – 2nd grade) are directed by Kat Vann. They play in worship once a month and rehearse on Wednesday evenings, Spirit at 6pm and Seeds at 6:30pm.

Salt & Light is for 7-12th graders interested in music, drama, words, art and a variety of spiritual practices. Led by Jodi Gustafson, Salt & Light rehearses on Wednesday evenings at 6pm, and will add something to worship at least once a month.

Adult Choir sings music from many different cultures and traditions. All voice parts are welcome, all ages from 7th grade up, and you don't need to be able to read music to have a great time! We help to lead worship three times in most months, alternating between early and late services, plus Thanksgiving Eve and Christmas Eve, Ash Wednesday and Holy Week. Rehearsals are at 7pm on Wednesday evenings.

Handbell Choir is for everyone post-high school. New ringers are always welcome, and if you can't ring full-time, month-long and substitute commitments are welcome. Some ability to read music is helpful, but we're happy to teach you if you don't know how yet! We ring in worship once a month, and rehearse on Sundays at 9am.

If you can't make regular rehearsals, but still want to make music, there's a place for you, too! We have several short-term opportunities through the year, and there's always room for soloists and instrumentalists. Let us know you're interested and we'll find a place for you!

For young children: Our nursery is staffed during 10:30am worship. Rainbow bags filled with quiet activities are available for young worshippers and are located next to the side doors to the sanctuary. To volunteer in the nursery, call Deb Denison at 612-721-3296.

Check the newsletter and website regularly for details about additional worship opportunities. If you are interested in playing or singing in any capacity, contact our team:

Jodi Gustafson, Music Director

612-385-6106 or missappley@gmail.com

Ilse Rolf, Children's Choirs Director

612-722-8495 or irolf@comcast.net

Kat Vann, Drumming Director

612-709-1279 or katvann222@yahoo.com

Connect

Connecting people with each other to strengthen our community of faith.

We make every effort to create a truly welcoming environment where people can build relationships with others and find a place of belonging in this community.

Sunday Fellowship: Following each worship service on Sunday mornings, you can enjoy coffee and goodies while you visit with friends new and old. Sign up in the narthex to help with this important ministry of hospitality, perhaps to celebrate a special occasion such as a birthday or anniversary!

1st Wednesday Devotions and Lunch: On most 1st Wednesdays of the month we gather at 11:00am in the sanctuary for devotions, followed by lunch and fellowship in the narthex.

Fellowship Events: Several times a year, the Connect Team helps organize events for children, youth, and adults to come together for fun and fellowship. Possibilities for the year include a campfire, game night, and Fat Tuesday Celebration.

Prayer Chain: You can remember in your prayers all those who are ill or who are recovering from illness or surgery and activate our “prayer chain” by contacting Marilyn Kloncz at 651-452-7635 or gmloncz@comcast.net.

To help with any of our Connect opportunities or learn more, please contact Karen Ojeda at 612-724-2449 or karen.ojeda@minneapolislmn.gov.

Grow

Nurturing members of all ages to grow as disciples of Christ.

It doesn't matter if you are 3 or 103, we've got a place for you to grow in faith and be in community at Lake Nokomis Lutheran Church! Check out these opportunities for people of all ages:

Children & Youth...

Sunday School: Children ages 3 – grade 6 meet on Sundays during the school year from 9:15-10:15am. Pre-K children learn the classic bible stories, while 1st-6th graders follow the scripture readings that are used in worship on Sunday mornings. Our high school TIM Team leads them in worship once a month.



Confirmation: From September – May, 7-8th grade youth gather for confirmation on Sundays from 9:15-10:15am and Wednesdays from 7-8:30pm. For their third year of instruction, 9th graders join with 10-12th graders for CLASH and The Deep End for the majority of the year (see below). Students typically affirm their baptism (are confirmed) in the fall of 10th grade.

CLASH and The Deep End: From September – May, 9-12th grade youth gather for CLASH (Christ Loves All Senior High) on Sundays from 9:15-10:15am, and The Deep End on Wednesdays from 7-8:30pm. CLASH and The Deep End include relationship building, topical conversation, bible study, service projects and fellowship events.

Girls Group: 7-12th grade girls gather on the 1st Wednesday of each month in the Family Room from 6-6:55pm for topical discussions on significant life issues such as family relationships, mental health, the future, and tough decisions. This year will also include learning about Bible journaling and spiritual practices.

Summer Opportunities: Information about Vacation Bible School, Wapo Bible Camp, Boundary Waters Canoe Trips, and a high school mission trip will be available beginning in January!

Registration and Medical Forms for preschool – 12th grade children and youth are on the church website. On Sundays, 7-12th grade youth gather in the Family Room at 9:00am for Hot Hospitality (breakfast) before heading to confirmation and CLASH.

Adults...

Faith & Life Conversations: From September – May, adults gather on Sundays from 9:15-10:15am in the Bethel Room for topical conversations and Bible studies that are relevant for living out our faith in daily life. The high school youth will join in for Faith & Life Conversations on occasion for intergenerational learning.

Christ & Culture in Literature & Film: What's your story?

Can contemporary films and fiction help us tell God's story and our own? Join with others each month for conversation around compelling contemporary books, short stories, and films (on a large screen). For more information, contact Glen Wheeler at 612-724-2655. Check the bulletin board in the narthex for the full schedule. Come once to check out your favorite book or film or join us every month! God's story, your story and our story, in film and in fiction!

The Faith Club: This group, for both men and women, meets during the school year on Wednesdays at 6:00pm in the church library and is ideal for those with children in music groups. If you are interested, contact Allan Hetland at 651-636-2027 or bighet42@gmail.com.

Rebecca Circle: This women's circle meets on the 3rd Wednesday of the month at 1:00pm. For their monthly Bible study they use *Gather*, the magazine of the Women of the ELCA. Contact Mildred Olson at 612-721-7114 if you would like to join them.

Animate Faith: Bringing together leading voices such as Nadia Bolz-Weber and Brian McLaren, this course explores central topics of Christianity through video, journaling and provocative questions. The current study group meets monthly for dinner and conversation. If you are interested in a similar study, contact Erica Larson.

Cherish All Children: CAC is a ministry of the ELCA that empowers, equips, and supports congregations to prevent child sexual exploitation through prayer, education, relationship-building, and action. Our team has updated our congregational Safe Place Policy and Procedures, introduced prayers for children, offered training on internet safety and other topics, and encourages the congregation to build relationships with other organizations that help create a safer world for our children. Join this team to explore other opportunities for prevention by contacting Ginny Rudloff at 612-722-1359 or vrudloff@comcast.net.

Other Future Possibilities: A mom's group, men's groups, 4-6 week Bible studies, Theology on Tap...what sparks your interest? Let us know!

If you would like to talk about how to get involved with a faith formation offering, or explore the possibility of a new opportunity, please contact Director of Faith Formation Erica Larson at 612-729-2323 or elarson@lakenokomis.org

Serve

Touching many individuals by providing services expressing the love of Christ.

Health Cabinet: The purpose of the Health Cabinet is to be a presence in worship and in the life of the congregation through learning opportunities, monthly blood pressure checks, the annual blood drive, and creating awareness of health and wellness issues.

Contact Parish Nurse Barb Tauferner at 612-724-1864.

Hospitality Committee: Volunteers help with functions throughout the year such as weddings, funerals, and special events; as well as overseeing the care and cleaning of the kitchen. Contact Becky Dowzak at 612-721-2575 to get involved.

Meals on Wheels: We deliver meals every 9 weeks to those who are shut in and less mobile than ourselves. Contact Diane Smedstad at 612-721-1852.

Food Shelf: Drop your donations off in the Target Grocery Cart and the mesh bins that are located in the church narthex. There are contribution envelopes in the grocery cart for your donations that you can add to the offering plate during worship. Volunteers are always needed at the food shelf on Tuesdays from 10am-3pm. To volunteer, contact the Minnehaha United Methodist Church office at 612-721-6231; or Bette Stacey at 612-724-1780.

MinneHarvest: Assist Minnehaha United Methodist by distributing groceries at their MinneHarvest Food Mission, which is held on the 4th Saturday of the month. Contact Linda Ojeda at 612-724-6385 or Diane Slovik for more information.

Loaves and Fishes: Volunteers serve a meal to approximately 250-300 working poor and homeless individuals at St. Stephen's Catholic Church. We serve 4 - 5 times a year on the 5th Monday of the month. Upcoming serving dates are October 31, January 30, May 29 and July 31. Contact Diane Slovik at 952-893-1228.

Affordable Housing: We provide shelter and hospitality to families experiencing homelessness through the **Families Moving Forward** program. Save the date for our next hosting week: August 6 – 13, 2017. Watch for opportunities during the year to *advocate* for affordable housing public policy and funding. For more information, contact Kat Vann at katvann222@yahoo.com, Robbie Becker at robertadbecker@aol.com, or Jenica Carlyon at jenica.carlyon@gmail.com.

St. Joseph's Home for Children: We collect gifts and money to be used at Christmas and throughout the year for children at St. Joseph's Children Home for Children beginning in November. Children's offerings from September through December also go towards this worthy cause. Contact Robbie Becker, Linda Ojeda, Cammie Kimmes, or Diane Slovik for more information.

Gardening Group: If you would like to help with planting and maintenance of our beautiful landscaping and courtyard, please contact Ida Miller at 612-727-3699.

We also have periodic service events such as **Feed My Starving Children**, youth group **service project nights**, and **congregational projects** on Sunday mornings. Check the newsletter and website for news about these special events!

Reach Out

Reaching out to the neighborhood, inviting the community to share in our ministry, so that we can be the hands and feet of Christ.

Congregational Welcome: The Outreach Team helps provide welcome to members and visitors alike; and, assists with new members as they make connections within our community of faith. The team is also working to improve our social media presence.

Community Events: The Outreach Team works with the Connect and Education Teams to offer classes and speakers that will benefit our members and the community. Offerings might include a parenting class, internet safety, and financial or estate planning. We partner with neighboring congregations St. James Episcopal and Minnehaha United Methodist to seek ways to better serve our community. What do you and your neighbor need in order to be more equipped for daily life? Share your ideas with Keith Atkinson at 612-729-2367 or atkinsonkeith@hotmail.com..

Community and Global Involvement: We care about our community and the world! Over 10% of our church budget is dedicated to support for service and mission in our local community and around the globe; we seek to be a presence at local events such as the Pride Parade; and, we continue to reach out into our neighborhood to make our presence known and welcome others into our community of faith. Each fall we participate in the Nokomis Block Party taking place near Oxendale's Market, and we are members of the Nokomis East Business Association (NEBA).

If you are interested in helping with our social media, publicity and outreach efforts, or with providing welcome for visitors and new members, contact Keith Atkinson.

Property Team

The mission of the property team is to coordinate the purchase, maintenance and repair of church equipment and facilities, including vehicles. We also provide input to the church office and the church council on expenditures and budgeting. We currently meet at 6 pm on the third Wednesday of each month. You are welcome to join us at these meetings. Or, if you prefer not to attend meetings, we can use your help with property maintenance and repair tasks. We have developed a list of tasks to be completed, which we are happy to share. Contact John Becker at 612-244-9245 or **Jenny Dowzak** to learn more, to volunteer your time, or to share your thoughts.

Congregation Council & Church Leadership

Our Council is responsible for leading our congregation in stating our mission, doing long range planning, setting goals and priorities, and evaluating our activities in light of our mission and goals. Our Council serves as liaisons and works with ministry areas including Worship, Education, Connect, Serve, outreach, Property, Finance and Stewardship.



Lake Nokomis Lutheran Church

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612-729-2323 Lakenokomischurch.org
[Facebook.com/LakeNokomisLutheran](https://www.facebook.com/LakeNokomisLutheran)

The ministries of Lake Nokomis Lutheran Church are only possible through the work of the congregation and our Ministry Teams. You can get involved in dreaming, planning, and leading our ministries by serving in the areas of Worship, Connect, Education (Grow), Service, Outreach, and more, and by helping with short term projects. Please contact us and we will help you find a place to use your gifts and talents in meaningful ways!

Drew Flathmann, Senior Pastor

612-729-2323 or pastor@lakenokomis.org

Diaconal Minister Erica Larson, Director of Faith Formation

612-729-2323 or elarson@lakenokomis.org

Visitation Pastor, Dick Owens

612-729-2323 or visitation@lakenokomis.org

Church Council/Team Liaisons

Keith Atkinson, Council Co-President, Outreach

Jeanette Boothe, Worship

Jenny Dowzak, Building and Property

Janelle Frankeberger, Outreach

Eric Grube, Outreach

Kami Hopkins, Education

Patty Kendall, Service

David Miland, Council Co-President

Karen Ojeda, Connect

GOD'S WORK. OUR HANDS.

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