

# Lake Nokomis

## Lutheran Church

***We are God's people  
being transformed by the Holy Spirit  
to live out the gospel of Jesus Christ  
in the world in word and action.***



We believe all people share the worth that comes from being loved and forgiven children of God. We want it to be known that we welcome all people – regardless of race, age, culture, national origin, ethnicity, sexual orientation, family status, marital status, gender identity, physical or cognitive ability, or economic condition – into the life-transforming story of Jesus Christ. We are a Reconciling in Christ congregation.

***If you are interested in any of the opportunities listed in this brochure, contact the person listed, or make a note on a CONNECT CARD from the Welcome table in the narthex. We'll be happy to hear from you!***

# Worship

*Celebrating God's presence together in worship services and in our daily lives.*

Here are the words of invitation we use to welcome people to the table of the Lord: *"The Risen Christ has invited us to this table. Whoever you are, however you feel, for whatever reasons you are here, come to the feast. Whatever your condition, whatever questions you have, wherever you are on your spiritual journey: know that our host is the one who has given his life for the world, the one who was raised to new life, and the one who invites us to come to the table."*

**Join us for worship with Holy Communion at 9:30am each Sunday. Worship in the Park near Minnehaha Falls is Sunday, August 9, 10:30am.**

It takes the gifts and talents of many people to create meaningful worship in this place. Here's how you can help:

## **Prepare the worship space...**

**Altar Guild** sets up the bread and wine for Holy Communion, cares for linens and vestments, and prepares the altar area for worship celebrations, including funerals and baptisms. If you'd like to help with Altar Guild, contact Ardie Hollenbeck at 612-888-6932 or [aeollen@pobox.com](mailto:aeollen@pobox.com).

**Worship Environment Team** works to enhance and amplify the seasonal worship theme and experience using all the senses. People with a variety of skills – planning, design, building, sewing, writing, photography, drama, or a willingness to roll up their sleeves and make it happen – are invited to plug into worship environment opportunities going forward. If you're interested, contact Sue Bergly at 952-898-3289 or Kat Vann at 612-709-1279 or [katvann222@yahoo.com](mailto:katvann222@yahoo.com).

## **Assist with Worship...**

If you would like to serve as a **reader** during worship for scripture readings and prayers, contact Kat Vann at 612-709-1279 or [katvann222@yahoo.com](mailto:katvann222@yahoo.com). If you would like to help with **servicing communion, ushering, or van driving**, contact Sue Hamre in the office at 612-729-2323 or [office@lakenokomis.org](mailto:office@lakenokomis.org).

## **Make Music...**

**Joyful Noise** (age 4 through 2nd grade) and **Good News** (3rd-6th grade) are our kids choirs, directed by Ilse Rolf with Deb Wobig at the piano. They sing in worship on a monthly basis and rehearse on Wednesday evenings, Joyful Noise at 6pm, Good News at 6:30pm.

**Spirit Drums** (3rd-6th grade) and **Seed Drums** (age 4 through 2nd grade) are directed by Kat Vann. They play in worship once a month and rehearse on Wednesday evenings, Spirit at 6pm and Seeds at 6:30pm.

**Salt & Light** is for 7-12<sup>th</sup> graders interested in music, drama, words, art and a variety of spiritual practices. Led by Jodi Gustafson, Salt & Light rehearses on Wednesday evenings at 6pm, and will add something to worship at least once a month.

**Adult Choir** sings music from many different cultures and traditions. All voice parts are welcome, all ages from 7th grade up, and you don't need to be able to read music to have a great time! We help to lead worship three times in most months, alternating between early and late services, plus Thanksgiving Eve and Christmas Eve, Ash Wednesday and Holy Week. Rehearsals are at 7pm on Wednesday evenings.

**Handbell Choir** is for everyone post-high school. New ringers are always welcome, and if you can't ring full-time, month-long and substitute commitments are welcome. Some ability to read music is helpful, but we're happy to teach you if you don't know how yet! We ring in worship once a month, and rehearse on Sundays at 9am.

**If you can't make regular rehearsals, but still want to make music, there's a place for you, too!** We have several short-term opportunities through the year, and there's always room for soloists and instrumentalists. Let us know you're interested and we'll find a place for you!

**For young children:** Our nursery is staffed during 10:30am worship. Rainbow bags filled with quiet activities are available for young worshippers and are located next to the side doors to the sanctuary. To volunteer in the nursery, call Deb Denison at 612-721-3296.

Check the newsletter and website regularly for details about additional worship opportunities. If you are interested in playing or singing in any capacity, contact our team:

**Jodi Gustafson, Music Director**

612-385-6106 or [missappley@gmail.com](mailto:missappley@gmail.com)

**Ilse Rolf, Children's Choirs Director**

612-722-8495 or [irolf@comcast.net](mailto:irolf@comcast.net)

**Kat Vann, Drumming Director**

612-709-1279 or [katvann222@yahoo.com](mailto:katvann222@yahoo.com)

## Connect

*Connecting people with each other to strengthen our community of faith.*

We make every effort to create a truly welcoming environment where people can build relationships with others and find a place of belonging in this community.

**Sunday Fellowship:** Following each worship service on Sunday mornings, you can enjoy coffee and goodies while you visit with friends new and old. Sign up in the narthex to help with this important ministry of hospitality, perhaps to celebrate a special occasion such as a birthday or anniversary!

**1st Wednesday Devotions and Lunch:** On most 1<sup>st</sup> Wednesdays of the month we gather at 11:00am in the sanctuary for devotions, followed by lunch and fellowship in the narthex.

**Simple Suppers/Lunches:** During the season of Lent, we provide a simple meal before our mid-day and evening worship services so that people can come together in fellowship, and families can participate comfortably in evening programs.

**Fellowship Events:** We have two great fellowship opportunities for all ages this summer. The **Congregational Picnic** follows youth led worship on Sunday, August 16. The **Summer Campfire** in the courtyard is at 5:30pm on Friday, August 21, followed by a lock-in for 6-12<sup>th</sup> grade grads.

To help with any of our Connect opportunities or learn more, please contact Karen Ojeda at 612-724-2449 or [karen.ojeda@minneapolismn.gov](mailto:karen.ojeda@minneapolismn.gov).

## **GROW**

*Nurturing members of all ages to grow as disciples of Christ.*

It doesn't matter if you are 3 or 103, we've got a place for you to grow in faith and be in community at Lake Nokomis Lutheran Church! Check out these opportunities for people of all ages:

### **Children & Youth...**

**Vacation Bible School:** VBS is July 12-16, 6-7:30pm.

Children age 3 through 5<sup>th</sup> grade grads can participate and 6<sup>th</sup> grade grads through adults can volunteer. Cost is \$5 per participant/\$10 max per family. Scholarships are available. For online participant and volunteer registration go to [lakenokomischurch.org](http://lakenokomischurch.org) for the VBS link. Don't miss out on **Hometown Nazareth: Where Jesus was a Kid!**

**Sunday School:** Children ages 3 – grade 6 meet on Sundays during the school year from 9:10-10:15am. Pre-K children learn the classic bible stories, while 1<sup>st</sup>-6<sup>th</sup> graders follow the scripture readings that are used in worship on Sunday mornings. They begin all together with Sunday School Openings, led by our TIM Team high school leaders, and then head to class with their teachers.

**Confirmation:** From September – May, 7-8<sup>th</sup> grade youth gather for confirmation on Sundays from 9:10-10:15am and Wednesdays from 7-8:30pm. For their third year of instruction, 9<sup>th</sup> graders join with 10-12<sup>th</sup> graders for CLASH and The Deep End for the majority of the year (see below). Students typically affirm their baptism (are confirmed) in the fall of 10<sup>th</sup> grade.

**CLASH and The Deep End:** From September – May, 9-12<sup>th</sup> grade youth gather for CLASH (Christ Loves All Senior High) on Sundays from 9:10-10:15am, and The Deep End on Wednesdays from 7-8:30pm. Both CLASH and The Deep End include relationship building, topical conversation, and deeper bible study, with regular service projects and fellowship events at The Deep End.

**Girls Group:** 7-12<sup>th</sup> grade grads are invited to gather this summer for topical discussions on relevant life issues such as family relationships, mental health, the future, and tough decisions. The summer will also include a Slumber Party! The group meets in the Family Room and the full schedule will be in the monthly newsletter and emailed to families.

*Registration and Medical Forms for preschool – 12<sup>th</sup> grade children and youth can be found on the church website.*

## **Adults...**

**Faith & Life Conversations:** From September – May, adults gather on Sundays from 9:10-10:15am in the Bethel Room for topical conversations and Bible studies that are relevant for living out our faith in daily life.

**Christ & Culture in Literature & Film:** What is Your Story?

How can contemporary films and fiction help us tell our own story? Join with others each month at 6pm, for conversation around compelling contemporary books, short stories, and films (on a large screen). For more information, contact Glen Wheeler at 612-724-2655. Check the blue bulletin board in the church narthex for the full schedule. Come once to check out your favorite book or film or join us every month! God's story, your story and our story, in film and in fiction!

**Amazing Grace Circle:** Meets one Monday a month for Bible study, fellowship and encouragement. To learn more or join them, contact Kat Vann at [katvann222@yahoo.com](mailto:katvann222@yahoo.com) or 612-709-1279.

**Tuesday Women's Group:** This group meets on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the month at 6:30pm in the Family Room at church. Contact Bette Stacy at 612-724-1780 or Maggie O'Groske at 612-729-0890 with questions.

**The Faith Club:** This group, for both men and women, meets during the school year on Wednesdays at 6:00pm in the church library and is ideal for those with children in music groups. If you are interested, contact Allan Hetland at 651-636-2027 or [bighet42@gmail.com](mailto:bighet42@gmail.com).

**Rebecca & Circles:** This women's circle meets on the 3<sup>rd</sup> Wednesday of the month at 1:00pm. The focus of bible study this year is "Transforming Life and Faith", looking at how our lives and faith journeys are transformed by the life events we experience and the people we meet.

**Animate Faith:** Bringing together leading voices such as Nadia Bolz-Weber and Brian McLaren, this course explores central topics of Christianity through video, journaling and provocative questions. The current study group meets monthly for dinner and conversation. If you are interested in a similar study, contact Erica Larson at 612-729-2323 or [elarson@lakenokomis.org](mailto:elarson@lakenokomis.org).

**Library Committee:** The mission is to stimulate and enrich Christian faith, to inspire, inform and entertain. There are resources and books for all ages, and periodic book discussions and author talks are offered. Stop by the library on Sundays to indicate your interest in the committee or suggest titles you would like us to add.

**Cherish All Children:** CAC is a ministry of the ELCA that empowers, equips, and supports congregations to prevent child sexual exploitation through prayer, education, relationship-building, and action. Our team has updated our congregational Safe Place Policy and Procedures, introduced prayers for children, offered training on internet safety and other topics, and encourages the congregation to build relationships with other organizations that help create a safer world for our children. Join this team to explore other opportunities for prevention by contacting Ginny Rudloff at 612-722-1359 or [vrudloff@comcast.net](mailto:vrudloff@comcast.net).

**Other Future Possibilities:** A parent group, mom's group, men's groups, Theology on Tap...what sparks your interest? Let us know!

If you would like to talk about how to get involved with a faith formation offering, or explore the possibility of a new opportunity, please contact Director of Faith Formation Erica Larson at 612-729-2323 or [elarson@lakenokomis.org](mailto:elarson@lakenokomis.org)

## **Serve**

*Touching many individuals by providing services expressing the love of Christ.*

**Health Cabinet:** The purpose of the Health Cabinet is to be a presence in worship and in the life of the congregation through learning opportunities, monthly blood pressure checks, the annual blood drive, and creating awareness of health and wellness issues. Contact Parish Nurse Barb Tauferner at 612-724-1864.

**Hospitality Committee:** Volunteers help with functions throughout the year such as weddings, funerals, and special events; as well as overseeing the care and cleaning of the kitchen. Contact Becky Dowzak at 612-721-2575 to get involved.

**Loaves and Fishes:** Volunteers serve a meal to approximately 250-300 working poor and homeless individuals at St. Stephen's Catholic Church. We serve 4 - 5 times a year on the 5<sup>th</sup> Monday of the month. Upcoming serving dates are June 29 and August 31. Contact Diane Slovik at 952-893-1228.

**Meals on Wheels:** We deliver meals every 9 weeks to those who are shut in and less mobile than ourselves. Contact Diane Smedstad at 612-721-1852.

**Food Shelf:** Drop your donations off in the Target Grocery Cart and the mesh bins that are located in the church narthex. There are contribution envelopes in the grocery cart for your donations that you can add to the offering plate during worship. Volunteers are always needed at the food shelf on Tuesdays from 10am-3pm. To volunteer, contact the Minnehaha United Methodist Church office at 612-721-6231; or Rick Kimmes at 612-429-4753.

**MinneHarvest:** Assist Minnehaha United Methodist by distributing groceries at their MinneHarvest Food Mission, which is held on the 4th Saturday of the month. Contact Linda Ojeda at 612-724-6385 or Diane Slovik for more information.

**Affordable Housing:** Our congregation will begin on-site hosting of families experiencing homelessness through **Families Moving Forward** the week of August 9, 2015. Sign up in the narthex to volunteer, and contact Robbie Becker at 612-240-2700, [robertadbecker@aol.com](mailto:robertadbecker@aol.com) or Kat Vann at 612-709-1279, [katvann222@yahoo.com](mailto:katvann222@yahoo.com) with questions. Members also have opportunities during the year to *advocate* for affordable housing public policy and funding.

**St. Joseph's Home for Children:** We collect gifts and money to be used at Christmas and throughout the year for children at St. Joseph's Children Home for Children beginning in November. Children's offerings from September through December also go towards this worthy cause. Contact Robbie Becker, Linda Ojeda, Cammie Kimmes, or Diane Slovik for more information.

**Gardening Group:** If you would like to help with planting and maintenance of our beautiful landscaping and courtyard, please contact Ida Miller at 612-727-3699.

We also have periodic service events such as **Feed My Starving Children**, our **Vacation Bible School Service Team**, youth group **service project nights**, and congregational projects on Sunday mornings. Check the newsletter and website for news about these special events!



# Reach Out

*Reaching out to the neighborhood, inviting the community to share in our ministry, so that we can be the hands and feet of Christ.*

**Congregational Welcome:** The Outreach Team helps provide welcome to members and visitors alike; and, assists with new members as they make connections within our community of faith.

**Community Events:** The Outreach Team works with the Connect and Education Teams to offer classes and speakers that will benefit our members and the community. Offerings might include a parenting class, financial or estate planning, internet safety, or a gardening course. What do you and your neighbor need in order to be more equipped for daily life? Share your ideas with Janelle Frankeberger at 612-201-5694 or [jfrankeberger@comcast.net](mailto:jfrankeberger@comcast.net).

**Community and Global Involvement:** We care about our community and the world! Over 10% of our church budget is dedicated to support for service and mission in our local community and around the globe; we seek to be a presence at local events such as the Pride Parade; and, we continue to reach out into our neighborhood to make our presence known and welcome others into our community of faith. This fall we are participating in the Nokomis Block Party taking place near Oxendale's Market, and hope to become a part of the Nokomis East Business Association (NEBA).

If you are interested in helping with our publicity and outreach efforts, or with providing welcome for visitors and new members, contact Janelle Frankeberger.

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## Lake Nokomis Lutheran Church

5011 – 31<sup>st</sup> Avenue South  
Minneapolis, MN 55417

612-729-2323 [Lakenokomischurch.org](http://Lakenokomischurch.org)  
[Facebook.com/LakeNokomisLutheran](https://Facebook.com/LakeNokomisLutheran)

The ministries of Lake Nokomis Lutheran Church are only possible through the work of the congregation and our Ministry Teams. You can get involved in dreaming, planning, and leading the ministries of our congregation by serving in the areas of Worship, Connect, Education (Grow), Service, Outreach, and more, and by helping with short term projects. Please contact us and we will help you find a place to use your gifts and talents in meaningful ways!

### **Drew Flathmann, Senior Pastor**

612-729-2323 or [pastor@lakenokomis.org](mailto:pastor@lakenokomis.org)

### **Diaconal Minister Erica Larson, Director of Faith Formation**

612-729-2323 or [el Larson@lakenokomis.org](mailto:el Larson@lakenokomis.org)

### **Visitation Pastor, Dick Owens**

612-729-2323 or [visitation@lakenokomis.org](mailto:visitation@lakenokomis.org)

### **Church Council/Team Liaisons**

**Keith Atkinson, Education**

**Jenny Dowzak, Building and Property**

**Janelle Frankeberger, Outreach**

**Kami Hopkins, Worship**

**David Miland, Connect**

**Karen Ojeda, Connect**

**Deb Swanson, Service**

**Marian Thompson, Finance**

**Jerry Winzig, Building and Property**

# **GOD'S WORK. OUR HANDS.**